



Patient Name \_\_\_\_\_  
Date \_\_\_\_\_

Gender  M  F Age \_\_\_\_\_ Smoker  Yes  No  Quit

What tests have you had for your symptoms and when were they performed?

X rays date: \_\_\_\_\_  CT Scan date: \_\_\_\_\_  
 MRI date: \_\_\_\_\_  Other date: \_\_\_\_\_

**Current Symptoms:**

**ONSET:** The date of my injury/ accident OR onset of problem was (date):  
\_\_\_\_\_

**CAUSE:** My symptoms started:  Suddenly  Gradually and likely began because (details):  
\_\_\_\_\_  
\_\_\_\_\_

My symptoms are currently:  Getting better  About the same  Getting worse

**Aggravating factors:** This makes my pain worse:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

**Easing factors:** This makes my pain Better:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Please circle the number below which best represents your average pain level in the previous 24 hours  
Cannot do Anything 0 1 2 3 4 5 6 7 8 9 10 able to do everything

- Do you have difficulty swallowing?  Yes  No
- Does coughing, sneezing or taking a deep breath aggravate your symptoms?  Yes  No
- Does bending sitting, lifting or twisting your back aggravate your symptoms?  Yes  No
- Has there been any change in bowel habit since onset of your symptoms?  Yes  No
- Does eating certain foods aggravate your symptoms?  Yes  No
- Has there been any weight change since onset of symptoms?  Yes  No

**TREATMENT:** Treatment of my problem to date has included /currently includes (surgery, PT, chiropractic work):  
\_\_\_\_\_  
\_\_\_\_\_

Have you ever had this problem before?  Yes  No

If so, how was the problem treated?



How long did it take for you to get better? \_\_\_\_\_

**YOUR GOALS:** (what do you want PT to help you with? (e.g. return to running): \_\_\_\_\_

I have been treated at **Agape P.T.** before (details):  No  Yes for \_\_\_\_\_

**MEDICATIONS:** (Please mark the appropriate lines with and X and provide details)

\_\_\_\_\_ I am taking 'over the counter' anti-inflammatory, pain meds, or muscle relaxant \_\_\_\_\_

\_\_\_\_\_ I am taking prescription anti-inflammatory, pain meds, or muscle relaxants \_\_\_\_\_

\_\_\_\_\_ I am taking other medications \_\_\_\_\_

**PROBLEMS:** (check and provide details)

MILD

MODERATE

SEVERE

Swelling \_\_\_\_\_

Headaches \_\_\_\_\_

Numbness/Abnormal sensation \_\_\_\_\_

Loss of function (any type of normal activities) \_\_\_\_\_

Loss of strength \_\_\_\_\_

Loss of flexibility \_\_\_\_\_

Loss of sleep \_\_\_\_\_

Loss of balance (e.g., standing on 1 leg) \_\_\_\_\_

Loss of bowel/bladder function \_\_\_\_\_

Other Problem/Loss \_\_\_\_\_

**SPECIAL QUESTIONS** (Please mark the appropriate lines with an X, and provide details)

\_\_\_\_\_ I am taking blood thinners: Yes NO

\_\_\_\_\_ I am allergic to latex: Yes NO

\_\_\_\_\_ I am pregnant or think I might be pregnant \_\_\_\_\_

\_\_\_\_\_ I have a pacemaker, surgical hardware or other implanted device \_\_\_\_\_

\_\_\_\_\_ I have weight-bearing restrictions given to me by my doctor \_\_\_\_\_



\_\_\_\_\_ I was told to limit physical activity due to a heart condition or onset of chest pain during activity

\_\_\_\_\_ I have been diagnosed with any of the following: sexually transmitted disease (s) or infections  
(I.e. herpes simplex, gonorrhea, HPV, etc.) Vaginitis, pelvic inflammatory disease.

\_\_\_\_\_ I have general (e.g., fever or chills, poor general health, unexplained weight loss, face numbness, jaw pain, tingling or weakness) \_\_\_\_\_

\_\_\_\_\_ I have had a recent illness not mentioned above: \_\_\_\_\_

During the past month have you been feeling down, depressed or hopeless?     Yes     No

During the past month have you been bothered by having little interest or pleasure in doing things:  
 Yes     NO

Is this something with which you would like help?     Yes     Yes, but not today     NO

**PAST MEDICAL HISTORY:** *(Please mark the appropriate lines with an X, and provide details)*

\_\_\_\_\_ I have had serious infections (e.g., tuberculosis, pneumonia) \_\_\_\_\_

\_\_\_\_\_ I have had the following general surgeries(e.g., appendectomy, gastrointestinal surgery, tumor removal, heart, kidney, and or lung transplant, CABG, pacemaker/pump or any other type of implant, carotid endarterectomy, laparoscopy, mastectomy, breast augmentation/reduction, cosmetic surgery, tubal ligation, ovarian cystectomy, hysterectomy, hernia repair, TURP) \_\_\_\_\_

\_\_\_\_\_ I have had the following orthopedic surgeries (e.g., arthroscopy, repair, reconstruction, replacement, fusion, laminectomy, discectomy, ORIF (pins, plates, screws) to any area/joint) \_\_\_\_\_

\_\_\_\_\_ I have had a history of falls or near falls, how many? \_\_\_\_\_ Date of the last fall \_\_\_\_\_

\_\_\_\_\_ Any OTHER medical history or procedures \_\_\_\_\_

**OCCUPATIONAL HISTORY:** *(fill in all that apply)*

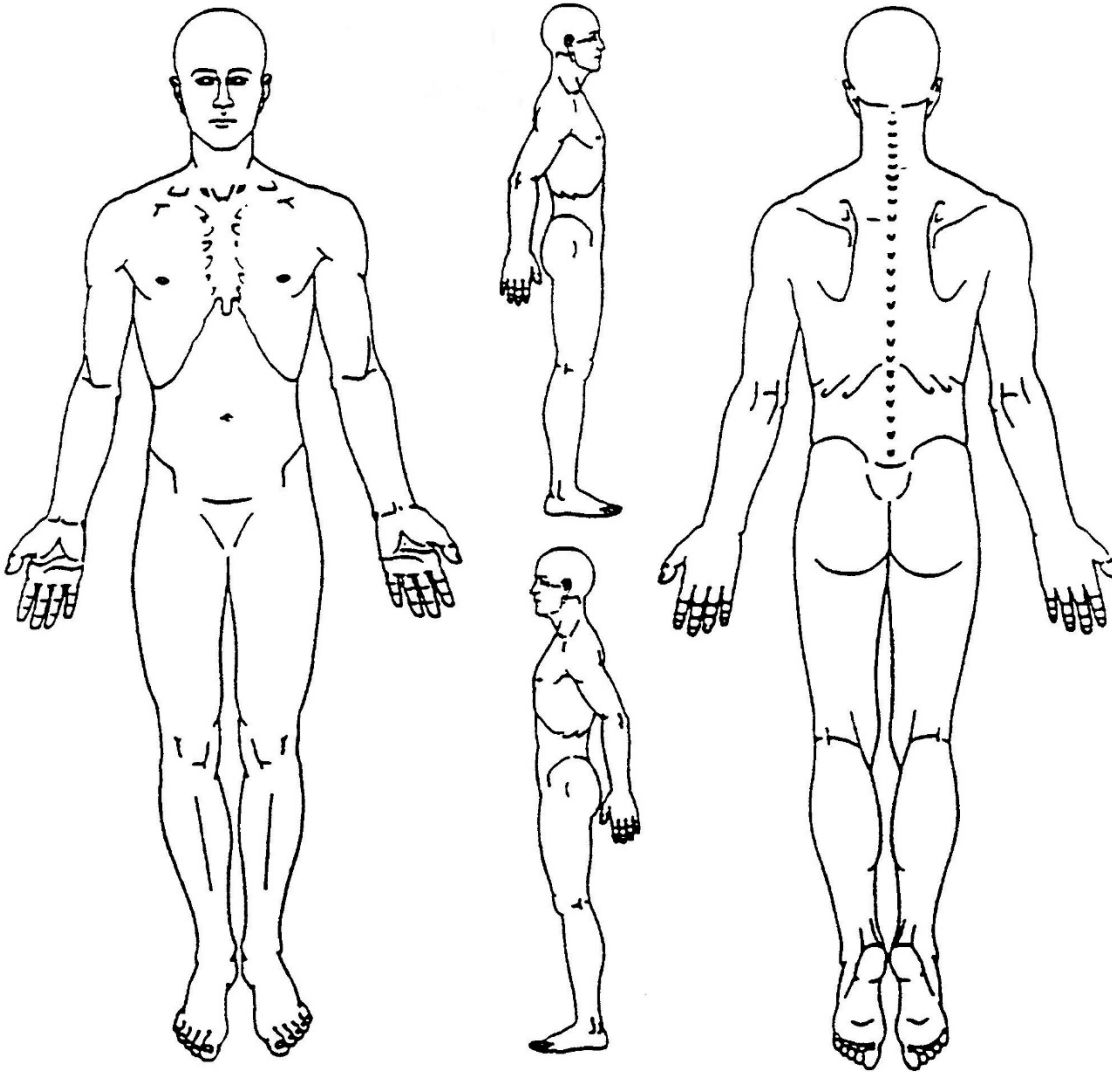
My occupation is \_\_\_\_\_

If you have work limitations/restrictions what are they? \_\_\_\_\_

My commute to work/school takes \_\_\_\_\_ minutes.

On the diagrams below mark where you are experiencing pain, right now. Use the letters below to indicate the type and location of your sensations.

Key: A - ACHE B - BURNING N - NUMBNESS P - PINS & NEEDLES S - STABBING O - OTHER



**PAIN SCALE** Rate the severity of your pain by checking one box on the following scale.

**No Pain 0 1 2 3 4 5 6 7 8 9 10 Unbearable Pain**

I verify the above information is complete and accurate, and have not omitted any medical conditions or history.

Patient or Responsible Party Name: \_\_\_\_\_ Signature

\_\_\_\_\_  
Date \_\_\_\_\_